

# Understanding Data Monitoring Committees

How expert independent clinical trial oversight helps protect the safety of patients in clinical trials

## What Are Data Monitoring Committees?

Data Monitoring Committees (DMCs), which can also be referred to as Data and Safety Monitoring Boards (DSMBs), Data and Safety Monitoring Committees (DSMCs), or Independent Data Monitoring Committees (IDMCs), are established by study sponsors but are independent of the sponsor to ensure decision-making is conducted without bias.

DMCs are put in place to:

- Monitor trial conduct and safety
- Assess risks and benefits
- Recommend protections for clinical trial patients

DMCs review unblinded safety and efficacy clinical data as the trial progresses, and work independently from the clinical trial team.

## Advisory Role of DMCs



DMCs assist sponsors in determining whether to:

- Continue
- Modify
- or Terminate

trials based on a risk-benefit assessment of the data

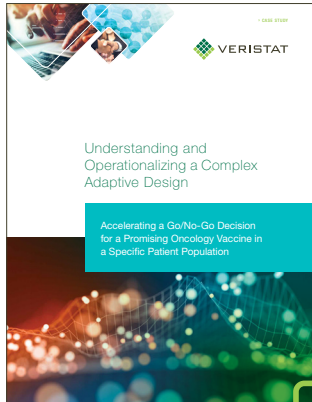
## How does Veristat make effective use of DMCs?

Veristat teams develop and organize many types of independent DMCs for clinical trials with various remits, offering sponsors:

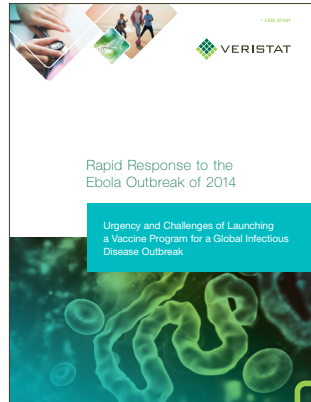
- Expert biostatistical foundation
- Enhanced reporting standards
- Personalized, tailored expertise
- Superior organization & communication

## Cases of successful deployment of DMCs into clinical development programs

Stopping for futility as part of adaptive design



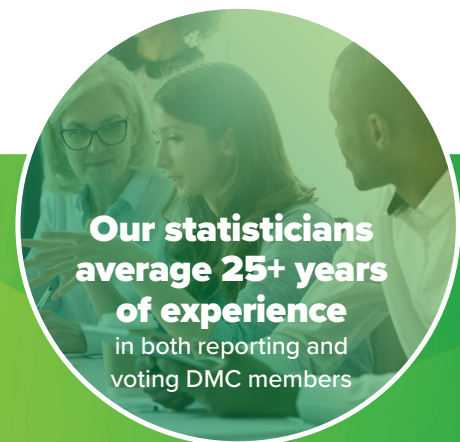
Pulled trial off of a clinical hold



Move onto next patient cohort



Learn more about Veristat's DMC capabilities



Our statisticians average 25+ years of experience in both reporting and voting DMC members

- Contact us to arrange an introductory call
- Visit our website
- Download our latest case study